

Plant a tree in Switzerland

1. Select species adapted to the environment and global warming.
2. Clear the humus before making the hole
3. Dig a hole three times as wide as the quick pot and of the same depth with a spade or pickaxe.
4. Place the root ball in the hole so that the point where the roots meet the trunk is at the same level as the soil surface.
5. Fill the hole making sure there are no air pockets around the roots.
6. Use a tree protector to prevent wild animals from nibbling on the bud.
7. Give love and good intention to this "almighty" tree



Almighty
Tree

TREE PLANTER'S GUIDE

IN SWITZERLAND

Almighty Tree

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Needs for reforestation in Switzerland

- Sustainable Swiss forests management
- Planting after dewatering of the trees: Spruce (Bark beetle), Beech (drought)
- Silvicultural adaptation to cope with global warming
- Preservation of biodiversity
- Creation of carbon sinks
- Support for local farmers and foresters
- Promotion of species diversification in Swiss forests

Tree species

Widespread in Switzerland and adapted to climate change



Benefits of trees



Air purification through photosynthesis



Water filtration and storage



Promotion of biodiversity



Supporting our community and our well-being



Climate regulation and CO2 storage

The carbon storage capacity varies according to the tree species, the mass varies from about 400 kg/m³ for coniferous to 1000 kg/m³ for deciduous trees.

The chemical composition of wood:

- 50% carbon
- 42% oxygen
- 6% hydrogen
- 1% nitrogen
- 1 % mineral matter

Mature trees absorb an average of 30 kg of CO₂ per year.

Reduce your footprint

FOOD

1. Eat less meat in favor of a more vegetable diet.
2. Buy seasonal food from local sources rather than imported food from abroad
3. Plant a garden + grow your own vegetables
4. Reduce or eliminate your consumption of bottled water and other beverages

SHOPPING

1. Recycle + reuse as much as you can
2. Consume less - buy less but better
3. Purchase food and goods produced in a sustainable manner
4. Identify environmentally friendly products
5. Vote with your wallet! Support companies that take action for the climate

TRAVEL

1. Walk or cycle to work
2. Switch to public transportation
3. Choose electric vehicles
4. Reduce or eliminate air travel

HOME

1. Turn off the lights
2. Turn down the heating
3. Switch to low-energy light bulbs
4. Unplug the devices
5. Dry your clothes with a rope
6. Move to paperless billing
7. Switch to a tariff for electricity from renewable energy sources
8. Invest in your own renewable energy sources, for example by installing solar panels.
9. Vocally support clean energy and climate-friendly policies with friends, family and co-workers

